

Solid Rock 2022 Winter/Spring Class Schedule

JUNIOR CLASSES

	Mon	Tues	Wed	Thurs	Fri	Sat
Co-Ed Parent Tot 18 mo thru 3 yrs 50 Minutes 6:1 ratio	5:30 PM		5:30 PM	5:30 PM		9:00 AM
Co-Ed Junior A 3 thru 4.5 yrs 50 minutes 5:1 ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM
Co-Ed Junior B 4.5 thru 6 yrs 50 minutes 6:1 ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM
GIRLS ADV Juniors 4 thru 6 yrs (Invite only) 75 minutes		6:30 PM		6:30 PM		

SCHOOL AGE CLASSES

	Mon	Tues	Wed	Thurs	Fri	Sat
GIRLS Rec A 6 thru 7.5 yrs 55 minutes, 7:1 Ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM
GIRLS Rec B 7.5 thru 9 yrs 55 minutes 8:1 ratio	4:30 PM 5:30 PM 6:30 PM 7:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM 7:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM
GIRLS Rec C 10 thru 15 yrs 55 minutes, 8:1 Ratio	7:30PM		7:30 PM			
BOYS Rec 6 thru 10 yrs 55 minutes, 7:1 Ratio				4:30 PM		9:00 AM
GIRLS Inter /Adv Rec 6 thru 9 yrs (Invite only) 75 minutes, 6:1 Ratio		5:30 PM		5:30 PM		
GIRLS Pre Team 6 thru 9 yrs (Invite only) 105 Min, 2x week req		4:30 PM		4:30 PM		

ADULT CLASSES

	Mon	Tues	Wed	Thurs	Fri	Sat
Co-Ed Adult Rec 16 yrs +, 55 minutes, Drop-in avail for \$25/class	8:00 PM		8:00 PM			

COST

50 - 55 min	\$ 75 per session
75 min	\$ 85 per session
105 min	\$ 160 per session

ALL SESSIONS ARE 4 WEEKS LONG

SESSION DATES

Winter 2 - Jan 3rd - Jan 29th
Winter 3 - Jan 31st - Feb 26th
Spring 1 - Feb 28th - Mar 26th
Spring 2 - Mar 28th - Apr 23rd
Spring 3 - Apr 25th - May 28th