

Solid Rock 2023/24 School Year Class Schedule

JUNIOR CLASSES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Co-Ed Parent Tot 18 mo thru 3 yrs 50 Minutes , 6:1 ratio			5:30 PM	5:30 PM		
Co-Ed Junior A 3 thru 4.5 yrs 50 minutes 5:1 ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM 11:00 AM
Co-Ed Junior B 4.5 thru 6 yrs 50 minutes 6:1 ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM 11:00 AM
GIRLS ADV Juniors 4 thru 6 yrs (Invite Only) 75 minutes				5:30 PM		
SCHOOL AGE CLASSES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GIRLS Rec A 6 thru 7.5 yrs 55 minutes, 7:1 Ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM
GIRLS Rec B 7.5 thru 9 yrs 55 minutes, 8:1 Ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM
GIRLS Rec C 10 thru 15 yrs 55 minutes, 8:1 Ratio	7:30 PM		7:30 PM			
BOYS Rec 6 thru 10 yrs 55 minutes, 7:1 Ratio				4:30 PM		11:00 AM
GIRLS Inter /Adv Rec 6 thru 9 yrs (Invite only)75 minutes, 6:1 Ratio				6:30 PM		
GIRLS Pre Team 6 thru 9 yrs (Invite only) 105 Min, 2x week req		4:30 PM		4:30 PM		
Tumbling Class 7 thru 18 yrs 55 minutes						11:00 AM
ADULT CLASSES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Co-Ed Adult Rec 16 yrs +, 55 minutes,		8:00 PM		8:00 PM		
COST			SESSION DATES			
50 - 55 min \$86 per session			Fall 1: Aug 28 - Sep 23			
75 min \$96 per session			Fall 2: Sep 25 - Oct 21			
105 min \$170 per session			Fall 3: Oct 23 - Nov 18			
ALL SESSIONS ARE 4 WEEKS LONG			Winter 1: Nov 20 - Dec 16			