

Solid Rock 2023 Summer Class Schedule

JUNIOR CLASSES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Co-Ed Parent Tot 18 mo thru 3 yrs 50 Minutes , 6:1 ratio		5:30 PM	5:30 PM	5:30 PM		
Co-Ed Junior A 3 thru 4.5 yrs 50 minutes 5:1 ratio	3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM	9:00 AM 10:00 AM
Co-Ed Junior A/B 3.5 thru 5 yrs 50 minutes 5:1 Ratio			6:30 PM			9:00 AM 10:00 AM
Co-Ed Junior B 4.5 thru 6 yrs 50 minutes 6:1 ratio	3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM	9:00 AM 10:00 AM
GIRLS ADV Juniors 4 thru 6 yrs (Invite Only) 75 minutes				5:30 PM		
Co-Ed Junior Special Needs 4 thru 6 yrs 50 minutes 4:1 ratio			4:30 PM			
SCHOOL AGE CLASS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GIRLS Rec A 6 thru 7.5 yrs 55 minutes, 7:1 Ratio	3:30 PM 4:30 PM 5:30 PM 6:30 PM	10:00 AM 11:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	10:00 AM 11:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	10:00 AM 11:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM	9:00 AM 10:00 AM
GIRLS Rec A/B 7 thru 8 yrs 55 minutes, 7:1 Ratio	3:30 PM 4:30 PM 5:30 PM 6:30 PM		5:30 PM			
GIRLS Rec B 7.5 thru 9 yrs 55 minutes, 8:1 Ratio	3:30 PM 4:30 PM 5:30 PM 6:30 PM	10:00 AM 11:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	10:00 AM 11:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	10:00 AM 11:00 AM 3:30 PM 4:30 PM 5:30 PM 6:30 PM	9:00 AM 10:00 AM	9:00 AM 10:00 AM
GIRLS Rec C 10 thru 15 yrs 55 minutes, 8:1 Ratio	7:30 PM		7:30 PM			
BOYS Rec 6 thru 10 yrs 55 minutes, 7:1 Ratio				4:30 PM		10:00 AM
GIRLS Inter /Adv Rec 6 thru 9 yrs (Invite only)75 minutes, 6:1 Ratio		6:30 PM		6:30 PM		
GIRLS Pre Team 6 thru 9 yrs (Invite only) 105 Min, 2x week req		4:30 PM		4:30 PM		
Tumbling Class 7 thru 18 yrs 55 minutes	3:00 PM		3:00 PM			
Co-Ed Rec Special Needs 6 thru 8.5 yrs 50 minutes 4:1 ratio	4:30 PM					
ADULT CLASSES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Co-Ed Adult Rec 16 yrs +, 55 minutes,		8:00 PM		8:00 PM		
COST			SESSION DATES			
50 - 55 min \$81 per session			Spring 3: Apr 24 - May 20			
75 min \$91 per session			Summer 1: May 22 - June 17			
105 min \$165 per session			Summer 2: June 19 - July 15			
ALL SESSIONS ARE 4 WEEKS LONG			Summer 3: July 17 - Aug 12			