

Solid Rock 2022 School Year Class Schedule

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JUNIOR CLASSES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Co-Ed Parent Tot 18 mo thru 3 yrs 50 Minutes , 6:1 ratio		5:30 PM	5:30 PM	5:30 PM			
Co-Ed Junior A 3 thru 4.5 yrs 50 minutes 5:1 ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM 11:00 AM	
Co-Ed Junior A/B 3.5 thru 5 yrs 50 minutes 5: 1 Ratio						9:00 AM 10:00 AM 11:00 AM	
Co-Ed Junior B 4.5 thru 6 yrs 50 minutes 6:1 ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM 11:00 AM	
GIRLS ADV Juniors 4 thru 6 yrs (Invite Only) 75 minutes				5:30 PM			
SCHOOL AGE CLASSES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
GIRLS Rec A 6 thru 7.5 yrs 55 minutes, 7:1 Ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM 11:00 AM	
GIRLS Rec A/B 7 thru 8 yrs 55 minutes, 7:1 Ratio	4:30 PM 5:30 PM 6:30 PM		5:30 PM				
GIRLS Rec B 7.5 thru 9 yrs 55 minutes, 8:1 Ratio	4:30 PM 5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM	5:30 PM 6:30 PM	4:30 PM 5:30 PM 6:30 PM		9:00 AM 10:00 AM 11:00 AM	
GIRLS Rec C 10 thru 15 yrs 55 minutes, 8:1 Ratio	7:30 PM		7:30 PM				
BOYS Rec 6 thru 10 yrs 55 minutes, 7:1 Ratio				4:30 PM		10:00 AM	
GIRLS Inter /Adv Rec 6 thru 9 yrs (Invite only)75 minutes, 6:1 Ratio		6:30 PM		6:30 PM			
GIRLS Pre Team 6 thru 9 yrs (Invite only) 105 Min, 2x week req		4:30 PM		4:30 PM			
ADULT CLASSES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Co-Ed Adult Rec 16 yrs +, 55 minutes,		8:00 PM		8:00 PM			
COST	SESSION DATES						
50 - 55 min \$81 per session	Winter 1: Nov 21st - Dec 17th						
75 min \$91 per session	Winter 2: Jan 2nd - Jan 28th						
105 min \$165 per session	Winter 3: Jan 30th - Feb 25th						
ALL SESSIONS ARE 4 WEEKS LONG	Spring 1: Feb 27th - Mar 25th						